



## Homemade Capilano Crumpets

INTERMEDIATE • 20-25 MINS

There is something so special about making nostalgic family meals from scratch. These homemade honey crumpets harness the buttery flavour of our **Capilano Bush Honey** for a staple recipe you'll be making for breakfast in years to come.

Top them with seasonal fruit (and a generous lashing of honey), you can't beat that for a classic Aussie combo!



**SKILL LEVEL**  
Intermediate

**PREP TIME**  
5 mins

**COOKING TIME**  
15-20 mins

**SERVINGS**  
6 (using 9cm metal rings)

Visit [capilanothoney.com.au](https://capilanothoney.com.au) to learn how to swap honey for sugar in your recipes.

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## Ingredients

- 1 tsp (3.1g) instant dried yeast (+ 1 tbsp warm water)
- 200ml (¾ cup + 1 tbsp) warm water
- 1 tbsp (30g) **Capilano Bush Honey**
- 150g (1 cup) plain white flour
- ½ tsp salt
- 1 tsp baking powder
- ½ tsp white sugar
- Oil or butter, to grease

## Method

1. Dissolve yeast in 1 tablespoon warm water and set aside.
2. Combine honey with 200ml warm water.
3. In a mixing bowl, combine flour and salt. Add honey and water mixture, then whisk for 2 minutes until smooth.
4. Add yeast, baking powder and sugar, then whisk for 30 seconds. Cover bowl with a tea towel and set aside in a warm place for 15 minutes until bubbles form on the surface and batter has risen.
5. Spray a large non-stick frypan with oil or smear with butter. Spray or smear 6 metal rings and arrange in pan, then heat pan on medium-high.
6. Pour ¼ cup of batter into each ring and cook for 1½ minutes until bubbles form and begin to pop. Reduce heat to medium-low and continue cooking for 2 minutes. Remove rings and pop bubbles as they form.
7. When tops have set, flip each crumpet to sear tops. Remove from pan.
8. Serve hot with butter and Capilano Bush Honey.

## Used in this recipe



### AUSSIE BUSH HONEY

Travel to Australia's native bushlands, where amongst the call of Kookaburras and Koalas grow trees such as Stringybark, Ironbark, Yellow Box, and Gum that our bees forage to create this uniquely Australian honey.

#### Buttery, Silky and Bold

Comfort at its finest! With a rich buttery flavour, our Bush Honey is a dream for home made crumpets and lashing of butter. The fruity, floral notes of this honey will linger in the perfect honey and vanilla milkshake, and it will sit deliciously atop a stack of banana pancakes or waffles!

#### Make the Sweet Switch

Honey tastes twice as sweet as sugar, so you need less in your baking, drinks and savoury recipes. Learn more about how to swap Capilano for sugar in your recipes [here](#).

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