



بسكويـت الفـطـور بالـشـوفـان و التوت البري

40 دقيقة • 12 بسكويـت

بسكويـت الفـطـور بالـشـوفـان و التوت البري هي بسكويـت لذيـظ و خفيف و مثالي لوجبة الفطور. يمكنك استبدال السكر بالـعسل و التوت البري بالـفواكه المجففة. اتركنا نعرف عنك في التعليقات!



3 بيـضات
كاملـة

250 غرام
شـوكـولاـة

150 غرام
عسل

12
بسكويـت

Ingredients

- 3 بيـضات كاملـة
- 250 غرام شـوكـولاـة

Method

1. اخلط البيض و الشوكولا و العسل في الخلاط الكهربائي لمدة 180 ثانية حتى يصبح الخليط ناعمًا.

Visit capilanohoney.com.au to learn how to swap honey for sugar in your recipes.

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- 90 seconds (1.5 minutes)
- 1 cup of milk
- 2 1/2 cups of water
- 1 cup of Capilano Pure Honey
- 1/4 cup of butter
- 1/4 cup of oil
- 1/3 cup of sugar

Method

2. Heat the milk, honey, water, butter, and oil in a large pot over medium heat. Stir until the honey and butter are fully melted.
3. Once melted, reduce the heat to low and stir for 4 minutes.
4. 1/2 cup of sugar and 1/2 cup of oil are added. Stir until the sugar is fully dissolved. (This step is optional).
5. The mixture is now ready to be used. It is best used within 15-12 hours of making.

Used in this recipe



Capilano Pure Honey

Capilano Pure Honey is a natural, unprocessed honey that is perfect for baking and cooking. It is made from 100% pure honey and contains no additives or preservatives. This honey is a great alternative to sugar in recipes, as it adds a natural sweetness and a rich, floral flavor. Capilano Pure Honey is also a good source of antioxidants and is known for its health benefits. It is a versatile ingredient that can be used in a variety of recipes, from bread and cookies to smoothies and dressings. Visit capilano.com for more information.

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