

Manuka Honey and Orange Cake

EASY • 1 HOUR 20 MINS

Sweet, bouncy, and with a hint of spice! This comforting cake recipe uses cinnamon, cardamom, orange marmalade and Active Manuka Honey to form a not-too-sweet cake that you'll want to eat for breakfast, morning tea (and maybe even dinner too!). Great for family gatherings, birthdays, or taking on the go as an afternoon pick-me-up.



SKILL LEVELEasy

PREP TIME 20 mins COOKING TIME 60 mins SERVINGS

Ingredients

Cake

Visit capilanohoney.com.au to learn how to swap honey for sugar in your recipes.

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- 2 cups plain flour
- 1 cup almond meal
- 2 tsp baking powder
- 1 tsp bicarb soda
- 1 tsp cinnamon
- 1 tsp cardamom
- 1 cup olive oil
- 3/4 cup Capilano Manuka Honey
- 1 cup orange marmalade
- 4 eggs
- Icing sugar to dust
- ½ cup toasted sliced almonds

Honey Butter Glaze

- 1/4 cup Capilano Active Manuka Honey
- 2 tbsp orange blossom water (or ½ tsp orange zest)
- 3 tbsp unsalted butter
- 11/2 tbsp caster sugar

Method

- 1. Preheat oven to 170°C. Grease and flour a metal bundt or cake tin (do not use baking spray as the cake will stick).
- 2. In a bowl whisk together flour, almond meal, baking powder, baking soda and spices.
- 3. In a separate bowl whisk together the eggs, Capilano Active Manuka Honey and orange marmalade until well combined and lightly aerated, then whisk in the olive oil.
- 4. Fold the dry mixture into the wet mixture until just combined, then transfer to the bundt tin. Bake for I hour or until a skewer inserted comes out dry.
- 5. To make the honey butter glaze, combine Capilano Active Manuka Honey, orange blossom water, butter and sugar in a saucepan over medium high heat until boiling. Reduce heat to simmer and cook, stirring constantly, until mixture has thickened (about 2 mins).
- 6. Serve cake with the honey butter glaze and toasted almonds.

Used in this recipe



PURE HONEY

Smooth, sweet and perfectly balanced, generations of Aussies have grown up with Capilano Pure Honey. Made by Aussie bees and their beekeepers, our signature blend of eucalypt and ground flora honey is the taste of Australia.

Make the Sweet Switch

Honey tastes twice as sweet as sugar, so you need less in your baking, drinks and savoury recipes. Learn more about how to swap Capilano for sugar in your recipes here.

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