

Manuka Honey and Orange Cake

EASY • 1 HOUR 20 MINS

Sweet, bouncy, and with a hint of spice! This comforting cake recipe uses cinnamon, cardamom, orange marmalade and Active Manuka Honey to form a not-too-sweet cake that you'll want to eat for breakfast, morning tea (and maybe even dinner too!). Great for family gatherings, birthdays, or taking on the go as an afternoon pick-me-up.



SKILL LEVEL Easy PREP TIME 20 mins COOKING TIME 60 mins SERVINGS 12

Ingredients

Visit capilanohoney.com.au to learn how to swap honey for sugar in your recipes.

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Cake

- 2 cups plain flour
- 1 cup almond meal
- 2 tsp baking powder
- 1 tsp bicarb soda
- 1 tsp cinnamon
- 1 tsp cardamom
- 1 cup olive oil
- 3/4 cup Capilano Manuka Honey
- 1 cup orange marmalade
- 4 eggs
- Icing sugar to dust
- ½ cup toasted sliced almonds

Honey Butter Glaze

- 1/4 cup Capilano Active Manuka Honey
- 2 tbsp orange blossom water (or ½ tsp orange zest)
- 3 tbsp unsalted butter
- 11/2 tbsp caster sugar

Method

- 1. Preheat oven to 170°C. Grease and flour a metal bundt or cake tin (do not use baking spray as the cake will stick).
- 2. In a bowl whisk together flour, almond meal, baking powder, baking soda and spices.
- 3. In a separate bowl whisk together the eggs, Capilano Active Manuka Honey and orange marmalade until well combined and lightly aerated, then whisk in the olive oil.
- 4. Fold the dry mixture into the wet mixture until just combined, then transfer to the bundt tin. Bake for 1 hour or until a skewer inserted comes out dry.
- 5. To make the honey butter glaze, combine Capilano Active Manuka Honey, orange blossom water, butter and sugar in a saucepan over medium high heat until boiling. Reduce heat to simmer and cook, stirring constantly, until mixture has thickened (about 2 mins).
- 6. Serve cake with the honey butter glaze and toasted almonds.

Used in this recipe



PURE HONEY

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