

All-Honey Teriyaki Marinade

EASY • 20 MINS

A sauce you can use on just about anything. This sticky-sweet and rich All-Honey Teriyaki Marinade is worth making from scratch, trust us.



SKILL LEVEL Easy

PREP TIME 10 mins COOKING TIME 10 mins SERVINGS 4-6 as a marinade or sauce

Ingredients

- ½ cup water
- 90g (1/4 cup) Capilano Organic Raw Honey

Method

1. In a small saucepan over medium heat, combine all ingredients and bring to a simmer. Cook to reduce the liquid for 8-10 minutes, whisking constantly to prevent burning.

Visit capilanohoney.com.au to learn how to swap honey for sugar in your recipes.

Share your creations with us! Simply tag #honeylovers & @capilanohoney on Instagram or Facebook and you could be featured on our page!



- 1/4 cup pineapple juice
- 1/4 cup soy sauce
- 2 tbsp rice vinegar
- 2 tbsp garlic, crushed
- 1 tbsp ginger, crushed

Used in this recipe



ORGANIC RAW HONEY

Smooth, sweet and fragrant, Capilano Organic Raw Honey is made by Aussie bees that have foraged native eucalypt and ground flora in Australia's pristine national parks and forests.

Discover a Premium Taste
Perfectly pure, this honey is delicious drizzled
on toast, cereal, tea, smoothies and yogurt.

Australian Certified Organic
This exceptional honey has been hand
harvested by Aussie beekeepers from hives
located within a 5km organic foraging radius
and carefully packed to organic specifications.

Make the Sweet Switch
Honey tastes twice as sweet as sugar, so you
need less in your baking, drinks and savory
recipes. Learn more about how to swap
Capilano for sugar in your recipes here.

Method

- 2. Remove from heat and transfer to jars or airtight container. Sauce will keep for up to 4 weeks.
- 3. Marinade Instructions: In a medium bowl or casserole tray, combine 1kg chicken thighs, halved, or tenderloin fillets with $\frac{1}{2}$ cup of teriyaki marinade, mixing well. Cover and chill for at least 30 minutes or up to 24 hours. When ready to cook, thread chicken onto pre-soaked skewers, preheat BBQ or frypan and cook 4-5 minutes each side until golden and cooked through. Serve with remaining teriyaki sauce brushed onto chicken or as a dipping sauce.
- 4. Stir-fry instructions: This sauce is excellent used in stir-fry dishes. Simply use in place of store-bought sauces, or drizzle over stir-fried chicken or vegetables when ready to serve.

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