

Honey Pikelets

EASY • 20 MINS

The beautiful thing about pikelets is that they're quick, easy to prep and can be topped with a bounty of different flavors and textures. We've added a little cocoa powder to our honey for an all-natural, nut-free chocolatey topping.



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PREP TIME 10 mins COOKING TIME 10 mins **SERVINGS** Makes 12 Pikelets

Ingredients

Base

• 1 cup self-raising flour

Method

1. In a small jug whisk together the milk, egg and honey until combined.

Visit capilanohoney.com.au to learn how to swap honey for sugar in your recipes.

Share your creations with us! Simply tag #honeylovers & @capilanohoney on Instagram or Facebook and you could be featured on our page!



- 2 tablespoons Capilano Organic Raw Honey
- ¾ cup milk
- legg
- Butter, to cook

To Decorate

- 2 tbsp Capilano Organic Raw Honey
- 1 tsp cocoa powder
- Fresh berries, nut-free granola, coconut & chia

Used in this recipe



Organic Raw Honey

Smooth, sweet and fragrant, Capilano Organic Raw Honey is made by Aussie bees that have foraged native eucalypt and ground flora in Australia's pristine national parks and forests.

Discover a Premium Taste
Perfectly pure, this honey is delicious drizzled
on toast, cereal, tea, smoothies and yogurt.

Australian Certified Organic
This exceptional honey has been hand
harvested by Aussie beekeepers from hives
located within a 5km organic foraging radius
and carefully packed to organic specifications.

Make the Sweet Switch
Honey tastes twice as sweet as sugar, so you
need less in your baking, drinks and savory
recipes. Learn more about how to swap
Capilano for sugar in your recipes here.

Method

- 2. Place flour in a bowl and make a well in the centre. Pour the milk mixture into the flour and which until smooth.
- 3. Heat a large non-stick frying pan over low-medium heat. Add $\frac{1}{2}$ teaspoon butter to the pan.
- 4. Dollop 5 7 heaped tablespoons of the mixture into the pan. When bubbles begin to form around the edges and the bottom is golden, flip the pikelets and cook for another minute until the other side is golden
- 5. Remove and repeat with remaining pikelet batter. To serve, combine honey and sifted cocoa powder, mix well until smooth. Dollop onto pikelets and top with fresh fruit, granola and chia.

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