# Hive to Home

# THE CAPILANO CHRISTMAS GUIDE



AUSTRALIA AT ITS PUREST

SWEETEN YOUR CHRISTMAS NATURALLY, WITH CAPILANO HONEY

FESTIVE FAVOURITES

Hello honey lovers, and welcome to your Capilano Christmas eBook - Hive to Home... filled with homemade gift ideas, sweet and savoury festive recipes, and products to pop straight under the tree.

The best part? Swapping from refined sugar to all-natural honey has never been easier - so you (Santa, and all his reindeer) can enjoy your favourite treats, without the added sugar!

Pure

CHRISTMAS IS ALL ABOUT THE FOOD, SO TAKE EVERY OPPORTUNITY

TO DRIZZLE, OOZE AND GET CREATIVE WITH HONEY!

FESTIVE BREAKFAST IDEA: DECORATED SANTA PANCAKES.

This time of year is special for foodies, so whether you're spending more time entertaining friends, need a gift idea (or two) for the generous hosts, or have been given the honour to put on the Christmas feast yourself this year - this book has it all.

~ The Capilano Honey team.

#OozesAustralia #HoneyLovers



# A CAPILANO CHRISTMAS

#### HOMEMADE GIFTS.

Capilano Honey Gingerbrea Homemade Garlic Ginger H Bees Knees Honey Rum Bal Capilano Honey Marshmallo Honey Walnut Pesto

#### SAVOURY STAPLES

Honey-Lime Salmon with M Aunty Pru's Honey Mustard Christmas Honey-Glazed Ca Creamy Honey Mashed Pot FESTIVE SWEETS

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# Create a beautiful tea-towel wrapped Manuka gift!

# **STEP 1**

To buy: 1 x Capilano Linen Australian Floral Tea Towel and 1 x Capilano Manuka Honey MGO300+ 250g.



**STEP 2** 



Fold down one-third of the tea towel, with the printed side facing down onto the table.



# **STEP 3**

Bring the bottom left-hand corner up to meet the top right-hand corner, covering the gift completely.

# **STEP 4**

Roll the gift diagonally in the tea towel, folding the corners together to create a smooth edge on the final roll.



# Why we love this gift

Wrapping up a bottle of Manuka Honey is a great way to introduce its naturally bioactive goodness to family members, or as a heartfelt thank-you for a teacher or colleague.



# **STEP 5**

Secure the gift by using the two long ends to make a knot.

# **STEP 6**

Decorate! Native flowers and foliage look beautiful under the tree for a truly Aussie Christmas!



# SHOP NOW

Christmas baking is an unmissable yearly tradition for so many families. Here's our super-simple but deliciously classic gingerbread recipe. Made with the sweet addition of Capilano honey, of course.

serves 20 | prep 1 hr 20 mins | cooking 20 mins

1 egg yolk

1 Using an electric mixer, beat butter, honey and dark brown sugar together in a medium bowl until creamy. Add egg yolk and beat until combined.

# HOMEMADE **GIFTS**

Whether you have family arriving from across the country for the festive season, or you're visiting friends and loved-ones with kids... these homemade gift ideas come from the heart!

## **CAPILANO HONEY GINGERBREAD**

125g butter, softened 180g (1/2 cup) Capilano Pure Honey 1/2 cup dark brown sugar 21/2 cups plain flour 1 tsp bicarbonate of soda 1 tsp of ground ginger\* 1/2 tsp of ground cinnamon 1/2 tsp of nutmeg

**2** Sift flour, spices and bicarbonate of soda together and add to creamed mixture. Stir with a wooden spoon until combined. Use your hands to gather into a firm dough.

**3** Knead lightly, then divide into 2 discs. Wrap each disc in plastic wrap and refrigerate for 1 hour.

4 Preheat oven to 170°C. Line 2 large baking trays with non-stick baking paper.

**5** Knead one disc until smooth. Roll out on a floured board to 3 mm thick. Use a variety of Christmas cookie cutters (we used a 12cm high cutter) to cut shapes. Use a small spatula or butter knife to help carefully transfer the shapes onto the prepared trays 2cm apart. Gather scraps and re-roll to make more shapes.

6 Bake for 8-10 minutes or until golden, swapping shelves halfway through cooking time. Stand on trays 10 minutes, then carefully transfer to a wire rack to cool completely. Repeat with remaining dough.

7 Decorate and store gingerbread in an airtight container for up to 1 week.

#### **DOUBLE THE QUANTITY OF GINGER FOR A STRONGER**

TRADITIONAL GINGERBREAD TASTE.

THIS RECIPE HAS BEEN MADE FOR LITTLE TASTE BUDS!

HARE YOUR CREATIONS WITH US #HONEYLOVERS @CAPILANOHONEY

## **HOMEMADE GARLIC GINGER HONEY INFUSION**

If you're buying for a major foodie, chances are they've already been given or tried most of the options you'll find on supermarket shelves. So, why not take this gift idea up a notch with a homemade infusion tailored especially to their taste?

serves 12 | prep 5 mins | fermenting 2 weeks

180g (1/2 cup) Capilano Active Manuka Honey MGO 300+ 10 small garlic cloves (or 5 large) 1 piece ginger, 1-2 inches (2-4cm) Water (optional) Lemon juice (optional)

**1** Peel garlic cloves and ginger, put them into a jar, and cover with Capilano Manuka Honey.

**2** Set in a warm place for 2 weeks or more until garlic and ginger turns opaque.

For storage: fermented honey is naturally antibacterial, and can be kept for up to 3 months when sealed and left in a cool dark cupboard.

### FOR TASTIEST RESULTS, MAKE THIS RECIPE 2 WEEKS AHEAD.

PERFECT FOR DRIZZLING ON PIZZA,

CHEESE AND GRILLED MEATS.

MANUKA

ACTIVE HONEY 100% AUSTRALIAN

# **BEES KNEES** HONEY RUM BALLS

A fun take on the traditional recipe you know and love. These Honey Rum Balls are all-natural, condensed milk free and have all the ingredients for bite after bite of festive glee!

serves 24 | prep 20 mins

165g sugar-free shortbread cookies
240g (²/₃ cup) Capilano Floral Manuka
Honey, plus extra, to drizzle
100g Turkish dried apricots
55g (1/2 cup) walnuts
45g (1/2 cup) desiccated coconut,
plus 5 tbs, extra
1 tbs dark rum
150g dark chocolate melts

Crushed honeycomb, to sprinkle

MAKE WITH, OR WITHOUT THE RUM.

JUST DOUBLE THE HONEY.

1 Line 2 baking trays with baking paper. Coarsely break the biscuits into a food processor. Add honey, apricots, walnuts and coconut. Process until well combined and mixture comes together. Transfer half the mixture to a bowl and reserve the remaining half in the food processor.

**2** Place 3 tbs extra coconut in a shallow bowl. Roll level tablespoonfuls of the honey mixture in the bowl into balls. Roll in coconut to coat. Place on 1 prepared tray. Set aside to set.

**3** Add the rum and remaining extra 2 tbs coconut to the reserved honey mixture in the processor. Process until combined then roll level tablespoonfuls into balls.

4 Place chocolate melts in a small, deep microwave-safe bowl. Microwave on Medium, stirring occasionally, for 2 minutes or until melted and smooth. Use a fork to dip the rum balls, 1 at a time, in the chocolate to coat. Gently tap the fork on the side of the bowl to remove excess chocolate. Use a skewer to gently slide the ball onto remaining prepared tray. Sprinkle with a little honeycomb. Repeat with the remaining rum balls, chocolate and honeycomb. Set aside to set. Store in airtight containers in the fridge. Drizzle over extra honey to serve.

#### ¥ TIPS

• Find sugar-free shortbread cookies in the health food section at the supermarket.

• If you can't find plain honeycomb, trim the chocolate off honeycomb chocolate bars.

# **CAPILANO HONEY** MARSHMALLOWS

The joy of a homemade marshmallow is hard to beat. Ours are infused with the silky golden taste of Pure Capilano honey. Perfect for toasting over campfires, dropping into a Capilano-cino.

serves 12 | prep 20 mins | set time 4 hrs

120g (1/3 cup) Capilano Pure Honey 515g (2<sup>1</sup>/<sub>3</sub> cups) caster sugar 20g glucose syrup <sup>3</sup>/<sub>4</sub> cup plus an extra <sup>3</sup>/<sub>4</sub> cup (375ml) water 1½ tbsp powdered gelatine 1 tsp vanilla bean paste 70g egg whites (approx. 2-3), at room temperature **Pinch Salt** Cornflour, to dust

#### WRAP THEM UP FOR

CHRISTMAS S'MORES!

Children and and the descent in some of

1 Grease and line with baking paper a  $25 \times 4$  Once the syrup has reached 25cm square, set aside. For best results, weigh all ingredients and have them ready before starting to prepare recipe.

2 Combine gelatine and <sup>3</sup>/<sub>4</sub> cup (187ml) cold water in a small bowl and set aside for 5 minutes. Place in microwave and heat for 45 seconds until the gelatine has dissolved and the liquid is clear. Set aside and reheat if the mixture sets before being added to the egg mixture.

**3** In a small heavy-based saucepan, combine 2 cups (440g) caster sugar, glucose syrup and <sup>3</sup>/<sub>4</sub> cup (187ml), and stir over low heat until the sugar has dissolved. Increase the heat and bring to a simmer without stirring. When the syrup reaches 115° C, place the egg whites in a stand mixer and whisk on medium until frothy, then increase to high, slowly add the remaining 1/3 cup caster sugar and whisk until thick and glossy. Check sugar syrup again and simmer until reaching 127° C.

temperature, turn the heat off and allow the bubbles to stop. Then increase the mixer to medium-high and slowly pour the gelatine mixture down the inside of the bowl in a thin continuous stream. Then add the sugar syrup in the same way. Turn up to high, then add vanilla bean paste, salt and honey and whisk for 10-12 minutes until the outside of the bowl has returned to room temperature.

**5** Transfer the mixture to the prepared baking dish, level out the top with an offset spatula and then set aside for 3-4 hours until set. Once set, cut into squares and roll sides lightly in cornflour, icing sugar or desiccated coconut to serve.

### HONEY WALNUT PESTO

A staple recipe for any home cook! This twist on a classic green pesto employs honey for some added sweetness. Perfect for using as a dip, pasta sauce, or over barbecued prawns, fish and veggies.

#### serves 4-6 | prep 15 mins

<sup>3</sup>/<sub>4</sub> cup walnuts 1 tbsp Capilano Pure Honey 2 cups basil leaves 1 cup parsley leaves 3 cloves garlic Juice of 1 lemon ½ cup extra virgin olive oil Sea salt and pepper, to taste

**1** In a small fry pan, toast walnuts until golden and fragrant. Allow to cool.

2 Place all ingredients except olive oil in a food processor and pulse to combine until it forms a coarse crumble. Continue to blend and in a steady stream, add olive oil to processor, mixing until a smooth paste forms. Taste and adjust seasoning if desired.

**3** Transfer to jars or airtight containers. Keep chilled for up to 2 weeks or frozen up to 3 months.



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POP THIS SAUCE IN A MASON JAR AND ADD A GIFT TAG FOR A

A THOUGHTFUL HOMEMADE ADDITION TO

TO THEIR FRIDGE THIS CHRISTMAS.



A fantastic addition to your spread – don't underestimate the power of homemade condiments! These versatile little recipes will bring the table to life with flavour.

# DOWNLOAD NOW

# **ONLINE EXCLUSIVE: GIFT IDEAS**



# **SHOP ONLINE NOW!**

# **HONEY-LIME SALMON** WITH MANGO SALSA

Meet your new go-to warm-weather recipe, Honey-lime salmon (complete with fruity mango salsa!). This trio of flavours is a summer dream combined with the lingering sweetness of Capilano Aussie Coastal Honey. A staple for BBQs, get-togethers, or a quick-throw-together dinner on Christmas Eve.

serves 4-6 | prep 20 mins | cooking 15 mins

#### SALMON

Juice of 1 lime 1 tsp oil 1⁄4 tsp salt diced

# **SAVOURY STAPLES**

Tried and tested! Here are a few recipe to impress the entire table on the big day from a creamy mashed potato to the Capilano-glazed ham as the main event.

4 x 180g skinless salmon fillets ¼ tsp fresh crushed chilli 3 tbsp Capilano Aussie Coastal Honey 1½ tbsp lime juice 2 tbsp soy sauce 2 tsp vegetable oil.

#### MANGO SALSA

- 1 tbsp Capilano Aussie Coastal Honey 1 mango, small diced 1/2 red onion, small diced
- 2 Lebanese cucumbers, seeded and small

#### AIR-FRYER, BARBEQUE, PAN OR OVEN

### COOK IT YOUR WAY!

1 In a small bowl, whisk honey, lime juice, soy sauce, and oil.

2 Place salmon into a zip-lock bag and pour marinade mixture over the top. Massage mixture into salmon and place into refrigerator to marinate for 30 minutes.

**3** While salmon is marinating, make mango salsa. In a medium bowl, whisk lime juice, honey, oil, and salt.

**4** Add diced mango, onion, cucumbers, and chopped coriander and mix well. Store in refrigerator until ready to serve.

**5** Preheat air fryer at 200°C for 5 minutes.

**6** Remove salmon from marinade (reserve marinade sauce) and place into air fryer. Cook at 200°C for 4 minutes.

**7** Baste salmon with marinade and cook for a further 3 minutes. Serve hot with mango salsa.

Pan roasted: heat a large non-stick frypan over medium-high. Add 1 tbsp olive oil to pan and add salmon fillets (drained of marinade). Cook for 4 minutes, or until golden. Turn salmon, baste with extra marinade, and cook for a further 1-2 minutes (or until salmon is opaque).

**Oven baked:** prreheat oven to 180°C (fan-forced). Bake marinated salmon for 12 minutes, basting with extra marinade half-way through.

BBQ: preheat BBQ on medium. Drain salmon from marinade and add to grill. Cook for 2-3 minutes each side. Set aside to rest for 5 minutes.



#### **APPLE CIDER HAM GLAZE**

Suitable for 8kg whole leg of ham.

360g (1 cup) Capilano Floral Manuka Honey 250ml (1 cup) dry apple cider ½ cup apple cider vinegar 2 tsp wholegrain mustard 3 bay leaves 6 cloves

Combine all glaze ingredients in a medium saucepan and heat gently until combined. Bring to a boil for 10-15 minutes until glaze has reduced in volume and become syrupy. Strain to remove herbs and transfer to an airtight container or jar. Allow to cool on benchtop before chilling.

### **STICKY GINGER HAM GLAZE**

360g (1 cup) Capilano Yellow Box Honey 125ml (½ cup) ginger ale 1 tbsp ginger marmalade 1 small birds eye chilli, sliced (optional) 1 clove garlic, thinly sliced 1/2 tsp black pepper

Combine all glaze ingredients in a medium saucepan and heat gently until combined. Bring to a boil for 5-10 minutes until glaze has reduced in volume and become syrupy. Strain and transfer to an airtight container or jar. Allow to cool on benchtop before chilling.

# HAM GLAZE

250ml (1 cup) fresh orange juice matchsticks or thinly sliced 1 cinnamon stick 4 whole cloves

#### SPICED HONEY AND ORANGE

Suitable for 8kg whole leg of ham.

360g (1 cup) Capilano Pure Honey 2cm-piece fresh ginger, peeled, cut into

Combine the honey, orange juice, ginger, cinnamon and cloves in a small saucepan. Bring to the boil over medium heat. Cook for 15 minutes or until mixture thickens and reduces to 375ml (1½ cups). Strain to remove herbs and either set aside or transfer to an airtight container or jar. Allow to cool on benchtop before chilling.

# **AUNTY PRU'S HONEY MUSTARD GLAZED HAM**

The hero of the table on Christmas Day. Perfected a generation ago and loved even more now. Why not create this iconic recipe for your family this Christmas!

serves 8-10 | prep 10 mins | cooking 90 mins

540g (1½ cups) Capilano Pure Honey 200g (1 cup) brown sugar 2 tbsp Dijon mustard Whole cloves, to stud ham

1 Combine all glaze ingredients in a small saucepan and heat gently until sugar has dissolved. Set aside.

**2** Adjust oven to remove all shelves except one, placing in lowest position of oven. Preheat oven to 180°C (fan-forced). Line a large roasting tray with 2 layers of baking paper.

**3** To prepare ham, remove rind by cutting a semi-circle around the hock, then run knife under the skin to lift, running your fingers between the rind and fat to remove, then trim excess fat. Wrap the ham hock in baking paper then aluminium foil.

4 Use a sharp knife to score fat in a diamond pattern, about 5mm deep, then stud the middle of each diamond with a clove. Transfer to prepared tray and brush with honey mustard glaze, using approximately 1/3 of the mixture. Bake for 90 minutes, brushing with glaze every 25 minutes until golden and caramelised.

**4** Allow to cool slightly, then decorate the hock with fresh herbs or native eucalypt leaves and twine for an elegant table centrepiece.

# **CHRISTMAS HONEY-GLAZED CARROTS**

the main event in your festive feast. Dripping with sweet honey, a vibrant plate of carrots will disappear from the table in a flash!

serves 6 | prep 12 mins | cooking 12 mins

500g Dutch carrots, peeled and trimmed 40g butter

1 clove garlic, crushed 1/4 cup (90g) Capilano Pure Honey

1 orange, zest only

- 1 tbsp fresh thyme
- Extra thyme leaves, for garnish.

Honey-glazed carrots deserve to be part of **1** Fill a medium pot with water and bring to a boil. Add carrots and cook for 10-12 mins until tender. Drain and set aside.

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**2** Return the pot to the stovetop on low-medium heat. Add butter, stirring until melted.

**3** Add garlic and cook for 1 minute. Add honey, stirring until the mixture reduces and thickens.

**4** Add orange zest, thyme, and cooked carrots. Cook for 2 minutes, stirring gently to coat carrots thoroughly.

**5** Serve with a sprinkle of thyme leaves.

#### SWEET-SAVOURY AND WITH JUST

THE RIGHT AMOUNT OF CRUNCH!

# **CREAMY HONEY MASHED POTATOES**

Creamy, salty, and just a little bit sweet. A drizzle of honey, thickened cream and chives work together to create the ultimate mash. Perfect alongside a slice or two of Aunty Pru's Capilano Honey Mustard Glazed Ham!

serves 6 | prep 10 mins | cooking 25 mins

1kg potatoes, peeled and cut into quarters 1 bay leaf 2 tsp salt 125g unsalted butter 1/2 cup (125ml) thickened cream 45g (1½ tbsp) Capilano Pure Honey Salt, to season Extra butter, to serve Fresh chives, chopped, for garnish

**1** Place potatoes in a large pot of cold water. Season well with salt and bring to a boil. Reduce to a high simmer and cook until tender. Drain in a colander and place on top of pot. Cover with a clean tea towel and set aside.

2 In a medium saucepan, add butter, cream, and honey, stirring until melted and combined. Remove from heat and set aside.

**3** Return potatoes to pot and mash until smooth. Add cream and honey mixture to potatoes, stirring until combined and creamy.

**4** Season with extra salt to taste. Pile mash on a serving plate and top with butter, chopped chives and a drizzle of honey. Serve immediately.

### JUST ADD CHRISTMAS CRACKERS

RS @CAPILANOHONEY



# FESTIVE **SWEETS**

Bake, layer, and decorate together as you create these impressive desserts. From individual pavlovas to a caramel honey tiramisu - each spoonful is a delight for the whole family.

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# HONEY CURD PAVLOVAS WITH PISTACHIO & **BLUEBERRIES**

Individual pavlovas mean each bite has a delectable mix of textures. From the crumbly crust and a gooey honey-curdfilled centre, to an uplifting topping of blueberries and toasted pistachios. You might even be tempted to grab a second one, if there's any left!

serves 20 | prep 80 mins | cooking 20 mins

4 egg whites 220g (1 cup) caster sugar 1 tsp white vinegar 1 tsp vanilla essence 300ml (1¼ cups) thickened cream, whipped Chopped toasted pistachios & fresh blueberries, to serve. HONEY CURD

4 egg volks 180g (½ cup) Capilano Aussie Outback Honey 2 tbsp lemon juice 150g cold butter, cubed.

2 Using a stand mixer (or electric beaters), whisk egg whites in a bowl on high until stiff peaks form.

**3** Add sugar 1 tablespoon at a time at 30 second intervals. Continue whisking for 5-6 minutes until glossy and stiff.

**4** Add vinegar and vanilla essence and whisk for 2 minutes until glossy and combined.

#### INDIVIDUAL PAVLOVAS

1 Preheat oven to 150°C (fan-forced). Line a large tray with baking paper.

**5** Spoon 6 large rounds of meringue onto a prepared tray, leaving 5cm of space between each. Use a spoon to indent the middle of each meringue round.

6 Reduce oven to 120°C (fan-forced). Bake for 30 minutes, or until crisp to the touch.

7 Turn oven off and leave meringues to cool in oven for 1 hour with door closed

8 While meringues are baking, make honey curd. Fill a medium saucepan ¼ full of water. Place on stovetop and bring to a simmer.

9 In a heatproof bowl, whisk egg yolks, honey, and lemon juice. Place bowl on top of simmering water and cook for 1-2 minutes, stirring constantly.

10 Add butter to bowl, 2 cubes at a time. Allow butter to melt and combine into mixture each time. Continue to stir for 2-3 minutes until curd thickens. Pour into a bowl and allow to cool.

To serve: top each meringue with whipped cream, cold honey curd, pistachios, and fresh blueberries.

### THE ONLY THING BETTER THAN SHARING

A PAVLOVA WITH YOUR FAMILY...

IS HAVING ONE ALL TO YOURSELF!

## HONEY TIRAMISU

When you think of creamy, decadent and festive desserts - tiramisu is at the top of the list! We've swapped the added sugar for Pure Honey in this rendition, bringing a rich caramel note to every mouthful.

serves 8 | prep 30 mins

1½ cups (375ml) thickened cream 500g mascarpone cheese 1/4 cup (90g) Capilano Pure Honey 1 tsp instant coffee 1 tsp water (to dissolve instant coffee) 1 cup (250ml) strong black coffee 1 tsp vanilla extract 600g Savoiardi biscuits (sponge fingers) 400g honeycomb, chopped Cocoa powder, to dust.

1 In a mixing bowl, whip cream until stiff peaks form. Set aside.

2 In a separate mixing bowl, add mascarpone, honey, and instant coffee (dissolved in 1 tsp water). Whip until well combined. Fold whipped cream into the mascarpone mixture. Set aside.

**3** In a shallow bowl, add black coffee and vanilla extract. Stir until combined.

4 Dip biscuits into coffee and vanilla mixture, and line the bottom of a rectangular ceramic baking dish with dipped biscuits.

**5** Top with <sup>1</sup>/<sub>3</sub> of the mascarpone mixture and 1/2 of the chopped honeycomb. Repeat for two layers. Top with a layer of the mascarpone mixture.

**6** Cover with cling wrap and place in refrigerator for 4-5 hours (or overnight).

7 Decorate with a thick dusting of cocoa powder and serve.

To store: cover with cling wrap in the refrigerator for up to 2 days. Not suitable for freezing.

#### TRY THIS RECIPE WITH MANUKA HONEY MGO 60+

FOR A STRONGER HONEY FLAVOUR.

# HONEY PASSIONFRUIT **CUPCAKES**

Vibrant fruity cupcakes are a beautiful way **1** Preheat oven 180°C (fan-forced). Line to celebrate festivities on a warm summer day. Tangy passionfruit brings brightness to a light and fluffy cupcake base in this recipe - bringing joy to every bite!

serves 12 | prep 35 mins | cook 25 mins

250ml (1 cup) light olive oil 180g (1/2 cup) Capilano Yellow Box Honey 2 tsp vanilla extract Zest of 1 orange Juice of ½ orange 230g (1 cup) unsweetened Greek yogurt 160ml (<sup>2</sup>/<sub>3</sub> cup) passionfruit pulp 300g (2 cups) plain flour 1 tsp baking powder ½ tsp bicarb soda 500g mascarpone (or more yoghurt)

#### ICING

360g (1 cup) Capilano Yellow Box Honey Juice of 1 orange 160ml (<sup>2</sup>/<sub>3</sub> cup) passionfruit pulp

liner.

cupcake tins with 12 cupcake liners.

2 In a mixing bowl, combine olive oil, honey, vanilla, orange zest, juice of  $\frac{1}{2}$ orange, yoghurt, and passionfruit pulp.

**3** Sift in flour, baking powder, and bicarb soda. Mix until just combined.

4 Place 1/3 cup of batter into each cupcake

**5** Bake for 25-30 mins, or until an inserted skewer comes out clean. Remove and place on a cooling rack.

**6** While cupcakes are baking, make syrup (syrup can be made a day ahead). In a saucepan, combine honey, orange juice, and passionfruit pulp. Bring to a simmer, stirring constantly. Simmer for 2 minutes then remove from heat.

7 While cupcakes are still warm, spoon 1-2 tsp syrup over each. Once cooled, top with mascarpone and extra syrup, then serve.

To store: place assembled cupcakes in airtight container in refrigerator for up to 2 days.

### SWAP OUT PASSIONFRUIT FOR MANGO OR CHERRIES FOR A SEASONAL TWIST!

## **RASPBERRY, HONEY AND WHITE CHOCOLATE CHEESECAKE**

You can't go wrong with a cheesecake at Christmas! This creamy, dreamy raspberry, honey and white chocolate cheesecake is a prep-ahead entertaining winner.

serves 8-10 | prep 40 mins | cook 15 mins

#### CHEESECAKE

150g sugar-free digestive biscuits 60g butter, melted 1 tbsp Capilano Yellow Box Honey, plus 80ml ( $\frac{1}{3}$  cup), extra and to drizzle 2 tbsp (40ml) cold water 2½ tsp gelatine powder 500g cream cheese, at room temperature, chopped 1 tsp vanilla bean paste 300ml thickened cream, plus extra, whipped, to serve 85g (<sup>3</sup>/<sub>4</sub> cup) frozen raspberries, thawed, pureed, plus extra, to serve

#### HONEY MACADAMIAS

2 tbsp Capilano Yellow Box Honey 2 tsp butter 80g (1/2 cup) macadamias 1 tsp chia seeds

#### WHITE CHOCOLATE 'HONEYCOMB'

100g white chocolate melts, melted (optional)

**1** Grease the base and side of a 20cm springform pan and line base and side with baking paper.

**2** Break up the biscuits into a food processor and process until resembles fine crumbs. Add butter and honey. Process until combined. Transfer mixture to prepared pan and use the back of a spoon to press into the base. Place in the fridge for 20 minutes or until firm.

**3** Place cold water in a small microwave safe bowl and sprinkle with gelatine. Set aside for 2-3 minutes to soften. Microwave on High for 20 seconds or until hot. Use a fork to whisk until gelatine dissolves. Set aside to cool slightly (do not allow to set).

4 Use electric beaters to beat the cream cheese, vanilla and extra 80ml (1/3 cup) honey in a bowl until smooth. Add the cream and gelatine mixture. Beat until just combined. Spoon half the cream cheese mixture over the biscuit base. Drizzle over half the raspberry puree and use a skewer to create a swirl effect. Repeat with remaining cream cheese mixture and raspberry puree. Cover and place in the fridge for at least 6 hours or overnight until firm.

**5** To make the honey macadamias, preheat oven to 170°C/150°C fan forced. Line a baking tray with baking paper. Combine the honey and butter in a small saucepan over low heat. Cook, stirring occasionally, until melted. Set aside to cool and thicken slightly. Add the nuts and stir to coat. Transfer to prepared tray and spread out in a single layer. Bake, stirring halfway through cooking, for 12 minutes or until golden brown. Immediately sprinkle with chia seeds. Set aside to cool and set.

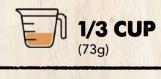
**6** To make the white chocolate 'honeycomb', place a 20cm-square piece of clean, unpopped bubble wrap, bubble-side up, on a clean work surface. Spread with the melted chocolate to cover a square of about 12cm. Place in the fridge for 15 minutes or until set. Carefully peel the bubble wrap away from the chocolate and break 'honeycomb' into shards.

**7** Transfer cheesecake to a serving platter. Top with extra cream and raspberries, honey macadamias and white chocolate 'honeycomb'. Drizzle over extra honey. break 'honeycomb' into shards.

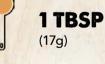
To store: cheesecake can be prepared up to 3 days ahead and stored in an airtight container in the fridge.



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PRINT OR SCREEN GRAB THIS PAGE FOR YOUR CHRISTMAS BAKING!



# WISHING YOU A MERRY CHRISTMAS AND A HAPPY NEW YEAR

# FROM ALL OF US HERE AT CAPILANO HONEY.

# WE HOPE THIS TIME IS FULL OF JOY, FAMILY,

# AND OF COURSE - PLENTY OF DELICIOUS FOOD.



JOIN US ONLINE! @Capilanohoney #Honeylovers #Oozesaustralia